



www.murrieta.k12.ca.us/breakthrough

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What are people saying about the Breakthrough Family Conference?

Over 91% of the parents and guardians participating in a Breakthrough Family Conference would strongly recommend this service to others.

Some Quotes from parents after the Breakthrough Family Conference:

- Thank you so much for the time spent this last week with my daughter. I've seen a marked improvement in her attitude and overall state of mind.
- THANK YOU SO MUCH ! You are awesome!!!!
- Thank you for your extended help in bettering my daughter's future!
- Great meeting and plan. Thank you.

Board of Trustees

- Kris Thomasian
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Located on the
Murrieta Canyon Academy Campus
24150 Hayes Avenue, Murrieta

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Breakthrough helps students make it through school safely and successfully. The Breakthrough Student Assistance Program is a unique method for providing family specific services to any family in the school district. Typically, in most school districts this type of service is only available if the student is thought to be in need of a Student Study Team or the student has an identified disability (IEP or Section 504). Breakthrough is available to **any** family in our school district. Breakthrough is a free completely voluntary service offered to our families.

Our mission is to offer confidential services to support academic and personal achievement.

We are committed to **all** families because **every** student matters.



How do you participate in Breakthrough ?

Students and/or parents can self-refer to the program or be referred by concerned administrators, staff members, parents, or friends due to:

- Individual or family stress
- School challenges
- Family changes
- Attendance concerns
- Substance abuse concerns
- Safety concerns
- Mental health concerns

Appointments may be scheduled by using our online scheduling program. You can access this scheduling tool by visiting our website: www.murrieta.k12.ca.us/breakthrough and clicking on the "Book Now" button.

What is a Breakthrough Family Conference?

The family participates in a motivational interview with a Breakthrough staff member at the Breakthrough Offices. The Family Conference will:

- Identify family strengths and how to use them
- Explore the student's academic and career goals, and social and emotional skills
- Identify student and family concerns
- Create a plan of action to foster success for all family members
- Refer student and family to appropriate school and community resources
- Provide ongoing support as needed



A family plan is developed from the information collected during the Family Conference. It is developed collaboratively by the Breakthrough counselor, student, and parents/guardians. This plan includes responsibilities for the student, parents, and Breakthrough team as well as recommendations for additional help.

Benefits of the Breakthrough Family Conference:

- Identify family strengths and how to utilize them.
- Explore the student's academic and career goals as well as social and emotional needs.
- Identify major concerns of family.
- Create plan of action to foster success for all family members.
- Breakthrough staff will provide ongoing support as needed.
- Family will obtain knowledge of resources within the community.